

Tea Menu

Monday	
Croque Monsieur served with Crudities and Coleslaw	GLUTEN. SULPHITES.MILK.MUSTARD
Tuesday	
Selection of Sandwiches - Tuna Mayo, Cheese, Marmite, Ham/Chicken, Vegan Cheese, served with Crudities	FISH.EGGS.MUSTARD.GLUTEN.WHEAT. SUPPHITES
Wednesday	
Savoury Muffins filled served with Crudities	GLUTEN.SOYA.MILK.SULPHITES
Thursday	
Fishcakes served with a soft roll, Mixed Salad and Relish	FISH.MUSTARD
Friday	
Japanese Katsu Chicken Curry with Fluffy Rice	GLUTEN
Gluten, dairy free and vegan options are available.	
Week 1	

Monday	
Posh Beans served on Toast (optional cheese)	GLUTEN. DAIRY. MUSTARD
Tuesday	
Bagels filled with Cheese and Ham (or Vegan Cheese) and Crudities	MILK.GLUTEN.WHEAT.SULPHITES
Wednesday	
Selection of Sandwiches - Tuna Mayo, Cheese, Marmite, Ham/Chicken, Vegan Cheese served with Crudities	FISH.EGGS.MUSTARD.GLUTEN. WHEAT.SUPPHITES
Thursday	
Ploughman's served with a selection of Crudities	GLUTEN. SULPHUR. MILK
Friday	
Beef Meatballs served with Pasta in a rich Tomato Sauce	SULPHITES.GLUTEN
Gluten, dairy free and vegan options are available.	
Week 2	