



Park School Tea Menu Lent 2026



Week 1					
School & Nursery	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Soup of the Day served with a buttered roll (G) (SE) May contain (E), (MK)	Chicken Goujons & Rice (G) (MK)	Nut Free Pesto Veggie Pasta (G)	1/2 Jacket Potato with beans, tuna or cheese (F) (MK)	Selection of Sandwiches (PORK) (G) (MK) (F)
Week 2					
School & Nursery	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Selection of Sandwiches (PORK) (G) (MK) (F)	Sausage Rolls & Baked Beans (G) (MK)	Extra Cheesy Mac & Cheese (G) (MK)	Crumpets with butter, marmite, or cheese. (G) (MK) (C)	1/2 Jacket Potato with beans, tuna or cheese (F) (MK)
Week 3					
School & Nursery	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Ham & Cheese Toasties (G) (MK)	Selection of Sandwiches (PORK) (G) (MK) (F)	Tomato & Vegetable Pasta Bake (G)	Baked Beans on Toast (G)	Pizza Muffins with Veg Sticks (G) (MK)
Allergens. C = Celery E =Eggs G =Gluten P =Peanuts MO =Molluscs L = Lupin CR = Crustacean S =Soya M =Mustard SU =Sulphur TN =Tree Nut SE =Sesame MK =Milk F =Fish					